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Mwayi Gowelo - Editor

I am delighted to bring you yet another edition of Travel PLUS Malawi magazine 2022. The year seems to be going by quickly and indeed, summer is approaching. It's time to relax and unwind as the temperature rises.

For this issue, we have compiled a list of festivals that take place in Malawi. You may be familiar with some of these festivals or discover entirely new ones. Why not spend this summer at a festival with friends and family? We have also interviewed 3 visual artists for the Art in Malawi segment, took a day trip to Salima and explored 4 different types of yoga you should try.

As usual, we would like to thank you, our readers for your continued support for this magazine. It is also my pleasure to announce that we are now transitioning into providing this magazine

online at www.malawiplus.com/. The aim of this magazine has always been to improve local tourism within the country and by making it available online, we hope to reach a wider audience.

I hope you enjoy this new issue. You can still grab physical copies from our offices at Design and Printing PLUS in area 4, Chilumbula, Corporate Mall. Happy reading!

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Festivals in Malawi

Festivals in Malawi have become an integral part of social life. They are a great way to interact with peers and network. They are also an excellent opportunity for small businesses to thrive since most festivals have stalls where people can sell various items. In recent years, new festivals have emerged in Malawi drawing the attention of

thousands of attendants. Meanwhile, older festivals have also revamped their activities to attract more people. We took some time to talk to the organizers of these festivals. Find out when these festivals occur, their venues, entrance fees and more in this article.

KEY

-  Music
-  Food and Drinks
-  Art
-  Fashion
-  Alcohol
-  Boat Trip
-  Movie

★ Tumaini Festival

Venue: Dzaleka Refugee Camp



Founded by Menes La Plume, the Tumaini Festival was established in 2014 and takes place at Dzaleka Refugee Camp. The Festival aims at promoting peaceful coexistence between refugees and the host community, promoting mutual understanding and intercultural harmony through the use of entertainment, artistic and cultural expression. It is an extraordinary example of a large-scale cultural event within a refugee camp, created and run by refugees in collaboration with the host community, for the benefit of both communities.

Across the seven previous editions over 129,000 people have attended the event, and 304 performing acts from across Malawi, Africa and the world shared the same stages with performers from Dzaleka. Tumaini Festival represents a unique opportunity for refugees to share aspects of their lives with interested visitors, to exhibit and sell their crafts and to feel the hope of connecting to a wider community. Tumaini Festival has become a community celebration that residents of Dzaleka appreciate as their own event.



Number of people attended last event: 30,000
When next it will occur: 3 - 6 November 2022
Entrance fees: Free Entry

Contact Details

Tel: +265 993 380 983
Email: info@tumainifestival.org

★ Sand Music Festival

Venue: Rotates between lakeside venues

Established in 2010, the Sand Music Festival which is organized by Impakt Events is Malawi's hallmark event that draws together tourists, local people, businesses, youth, media and visitors from all over the world. The festival takes place on an annual basis to unify local and international artists for the celebration of music amongst patrons and the promotion of tourism in Malawi. Since its inception, the Sand Music Festival has grown in visitor numbers and now counts as one

of the largest events in Malawi. The 2021 Sand Music Festival attracted 5000 patrons, establishing it as one of the most visible event brands in Malawi. It boasts of both local and international imprint. The fete has gained its place as an international festival looking at the number of patrons and artists trickling in from the entire Southern region of Africa and beyond. It features music, dance, poetry, comedy, disruptive entertainment, sports, and drama.



Number of people attended last event: 7,322
When next it will occur: Sept - Oct, 2023
Entrance fees: K35,000

Contact Details

Tel: +265 995 355 702 / +265 994 063 120
Web: www.sandmusicfestival.org

★ Ufulu Festival

Venue: CIVO Stadium, Lilongwe



The Ufulu Festival is a free community event and festival organized by Flood Church Malawi. The festival which was founded in 2014 is held every 6 July to commemorate Malawi's independence. It provides an opportunity for the youth to celebrate and reflect on the country's history while looking forward to the future. Additionally, the Ufulu Festival celebrates culture, creativity and freedom through music, dance and poetry. It is an environment of awareness and response to

the gospel, mental health and social justice. It is also a great opportunity for artists to showcase their work while honouring Malawi. The Ufulu Festival which is held annually attracted over 16,000 people in 2019. In 2020, the festival did not take place due to COVID but it returned in 2021 although this was online, a first of its kind. For the 2022 festival there will be 3 stages showcasing different forms of art as well as a children's area.



Number of people attended last event: 16,000
When next it will occur: 6 July 2023
Entrance fees: Free Entry

Contact Details

Tel: +265 998 391 150
Email: ufulufestivals@gmail.com

★ Likoma Festival

Venue: Likoma Island



Likoma Festival which was established in 2014, is Malawi's annual island festival. The festival takes place at Likoma Island accompanied with a ship cruise from any port on Malawi mainland. Apart from the cruise to the island, patrons can also enjoy a boat cruise to Chizumulu Islands and Mozambique, play beach games, race canoes and go sightseeing. Aimed at marketing Likoma Island and Lake Malawi for tourism growth and investment through travel, the festival usually takes place during Mother's day weekend (15-17 October). This is an annual festival, it hasn't occurred since 2018 due to unforeseen circumstances such as the COVID-19 pandemic. Although there is no set entrance fee and the full package is inclusive of transport by water or road, entry fee and camping fee (3 nights) is less than MK100,000. Likoma Festival is the only festival that is held on the magnificent island and boasts of treating its revellers to a fantastic experience.

Number of people attended last event: 4,500
When next it will occur: 15 - 17 October 2022
Entrance fees: Not Set

Contact Details

Tel: +265 999 732 247
Email: patrickchikoti@gmail.com

★ Blantyre Arts Festival

Venue: Njamba Freedom Park



Held in Blantyre over three to four days, the Blantyre Arts Festival (BAF) is an annual festival that was established in 2009 by Thomas Chibambo with the aim to respond to the need for development and promotion of various aspects of arts and culture by organizing events, festivals, cultural exchanges and local and international performances. BAF also provides a platform to not only local and international artists but also to the youth on local and international levels. Additionally, BAF runs cultural tailored projects that present the best of Malawian creativity to the widest possible

audience and also provides social and creativity development trainings, capacity building and cultural initiative programmes to uplift tourism, creativity and the enhancement of arts and culture. BAF has established various partnerships with schools and the students use the knowledge earned to address the challenges which affect their livelihood. The last BAF took place in 2019 and close to 3000 people attended over a period of 3 days. This year, BAF is rebranding so for the first time ever, there will be no entrance fee for the festival. The idea is to provide an opportunity to



corporate for their products to be viewed by many. It is also to give the audience a chance to view the arts without any restrictions in terms of entry fees.

Number of people attended last event: 3,000
When next it will occur: October 2023
Entrance fees: Free Entry

Contact Details

Tel: +265 888 894 271 / +265 882 690 580
Web: www.blantyreartsfestivals.org

★ Zomba City Festival

Venue: Alternating venues in Zomba

Founded in 2020, Zomba City Festival which is organized by Zomba Arts Platform is in its second year running. The aim of the festival is to attract visitors to Zomba to explore and discover what the historic college city has to offer. Zomba City Festival is not just a music festival, it is truly a city festival with a focus on arts, nature and heritage. During the festival, patrons can enjoy a historic walk, coffee tasting, an art exhibition, a fashion show, cycling, hikes and much more. The festival is open to all ages and this year (2022) it was very evident that this was well understood

by the public, as the festival welcomed young families, teenagers as well as older people. There were over 50 performing artists, of which more than half came from Zomba. The festival took place over 4 days from 29th of April to 2nd of May 2022 in 7 venues across Zomba: The Heritage Centre, Mango Lodge, Pakachere, The Mixed, Gymkhana Club, Sunbird Ku Chawe and Zomba's scenic Botanic Gardens. The Zomba City Festival did not take place in 2020 due to the COVID-19 pandemic. In 2021, it was small and had 800 visitors.



Number of people attended last event: 800
When next it will occur: 28 April - 1 May 2023
Entrance fees: K10,000-day ticket, K16,000 pre-sale and K24000 weekend

Contact Details

Tel: +265 995 355 702 / +265 994 063 120
Email: bhobho@zapmalawi.com

★ Lake of Stars

Venue: Rotates between lakeside venues



Lake of Stars is an annual 3-day festival that usually takes place in the second half of the year. Organized by Lake of Stars Africa, the festival was established in 2003. The festival features live music, poetry, drama, discussion panels, cinema and more. Lake of Stars provides a unique platform for local artists to display their work to a global audience as well as attracting high profile names from across the world to perform. The platform caters to 80% of Malawian artists and 20% international artists. Lake of Stars aims to create a platform that promotes the arts, culture

and tourism of Malawi to the local and global market. The festival also generates positive news and adds value to the economy of Malawi by promoting local hospitality businesses during the festival. The festival includes the surrounding communities by bringing them a free concert a day before the main festival as a Corporate Social Responsibility activity. Previous international artists that have graced the Lake of Stars stage include Mafikizolo, Major Lazer and many more. Alongside the flagship festival, the Lake of Stars Project produces a number of other cultural



events including the Children's Future Festival, Lilongwe Shorts film festival, Euro Film Festival and Island in the Sky festival.

Number of people attended last event: 1,500
When next it will occur: May 2023
Entrance fees: Not set

Contact Details

Tel: +265 991 408 695
Email: sharmila@lakeofstars.org

★ Beerland Festival

Venue: Blantyre: Backyard Garden

Lilongwe: Scallas's Café



Beerland festival which was established in 2019 is a social event that takes place at various venues in both Blantyre and Lilongwe. The event is organized by Lucy Msowoya of Lakini Enterprise and Kennedy Maluwa of DJ Kenny Entertainment. The aim of the festival is to provide an opportunity to young entrepreneurs to showcase their talents whether in the world of fashion, food, beverages, music and dance, a modern manner of socializing, and everything in line with such. This is true for both serial entrepreneurs as-well-as casual entrepreneurs. Beerland Festival brings together

different groups of people onto one arena thereby increasing the market base for everyone showcasing their products. In this light, Beerland Festival could be said to be a modern social fun marketplace. The more young entrepreneurs set up stalls at Beerland festival, the higher their likelihood of selling more due to the aspect of recycled customers. Seeking a direction novel of its kind, the festival seeks to bring forth entertainment and a social lifestyle available to all groups of people in a modern era. Beerland Festival takes place every 2 months in both Lilongwe and Blantyre.



Number of people attended last event: 500-800
When next it will occur: 29th Oct. 2022, Blantyre
Entrance fees: K3000

Contact Details

Tel: +265 991 611 006
Email: beerlandfestivalmw@gmail.com

★ IWAM International Food Festival

Venue: **Alternating venues in Lilongwe**

Founded in IWAM (International Women's Association of Malawi) is a group of around 120 women from various backgrounds and over 20 countries, including the host country Malawi. IWAM supports various projects and initiatives around Malawi. IWAM members provide this support on a voluntary basis. The group collects membership fees which they use to fundraise projects through various

initiatives including the IWAM Food Festival and the annual IWAM Christmas Bazaar. The IWAM food festival which takes place annually with alternating venues is aimed at raising funds and supporting charitable activities and projects. It is also an opportunity for people to showcase their culinary skills. The last IWAM food festival took place on the 5th of June 2022 at Woodlands in Lilongwe.



Number of people attended last event: 500-800
When next it will occur: June 2023
Entrance fees: MK2,000 adults, below 5 free
 children ages 5-12 MK1,000

Contact Details

Tel: +265 998 510 333

★ Summer Jam Gardens

Venue: Lilongwe: **Stamag, Glalle Gardens, Mingle and N1 Café.** Blantyre: **Dominic's, The Backyard, and Bar B Ques**



The Summer Jam Gardens (SJG) which were established in 2018 are a series of social summer events focusing on funfair events with the best outdoor activities and a stage for music performances. The event is organized by DJ Nathan Tunes, Alinane Njolomole and Chikayiko Nkhoma. SJG is aimed at promoting up and coming artists, local businesses and outdoor social events. Since its inception, each Summer Jam has attracted not less than 500 people. The official Summer Jam 2022 is expected to start in September with various events leading up to the festive season.



Number of people attended last event: 500
When next it will occur: 5th Nov. 2022, Lilongwe
 30th Nov. 2022, Lilongwe
Entrance fees: K5000

Contact Details

Tel: +265 995 348 648
Email: summerjamgardens2018@gmail.com

★ Art in the Park

Venue: **Four Season, Lilongwe**



Previously known as WESM Art Festival, this festival was re-invented to Art in The Park (AITP) in 2019. The change was essential because different members from different entities were involved in the organization of the event. Some of the organizers include Four Seasons Nursery, House of Messiah, Nyanja Chodola who is the director of Nyanja Studio and Jimmy Malinga, director of Mwawala Art Hub. The Department of Arts also occasionally supports this event. AITP happens at the Four Seasons garden in Lilongwe twice a year mainly May and November and the day varies

depending on other events that are happening during that time. It is a three-day event that begins on Friday night with some opening activities. Throughout the weekend, artists exhibit their work while musicians serenade the audience with music. There are also interactive workshops available. The purpose of Art in the Park is to promote artists in the country and provide them a platform to showcase their talent and also to bring artistic value to clientele that ranges from government officials, expatriates, tourists, and art lovers. In May 2022, AITP had close to 40 artists and on

the first day, there were over 60 attendants, Saturday had 270 and Sunday had over 190 patrons so in total there were 536 people that attended Art in the Park this year.

Number of people attended last event: 536
When next it will occur: 11 - 13 November 2022
Entrance fees: K5000

Contact Details

Tel: +265 999 140 834 / +265 996 601 027
Email: artintheparkmw@gmail.com

★ Wine Festival

Venue: **Kumbali Country Lodge, Lilongwe**



The first of its kind to be held in Malawi, the Wine Festival is an annual event organized by Wines and Wings which took place this year at Kumbali Lodge in Lilongwe. Featuring various wine collections, participants get to taste different wines paired with a selection of bread and dips. There are also food stalls available if you need to grab a bite in between tasting the wines. The purpose of the Wine Festival is to introduce South African brands of wine to Malawi. The first Wine Festival took place in June 2022 at Kumbali Lodge and was attended by 300 people

Number of people attended last event: 300
When next it will occur: Mid-2023
Entrance fees: K25,000 ticket K30,000 at the door

Contact Details

Tel: +265 994 445 575
Email: sales@winesandwings.com



★ Mzuzu Fashion Week

Venue: Mzuzu



Mzuzu fashion week (MzFW) was established in 2015 by Kwanza PR and Zik Garvey. MzFW is Malawi's premier fashion event that happens annually since its inception and only took a hiatus in 2021 due to COVID-19. The event presents a national platform to the world of designers, models, artisans, specialists and entrepreneurs as well as a growing audience at its events. It is a platform for fashion designers and all those in the creative fashion industry to promote their brands. Mzuzu Fashion Week is also helping to influence the use and widespread acceptance of products from the textile industry in Malawi in high end fashion and design. The aim of Mzuzu Fashion Week is to contribute to the growth of the national economy by creating and building sustainable businesses through creative ideas. MzFW initially started in Mzuzu but also has events across Malawi mainly in the main cities of Mzuzu, Lilongwe and Blantyre. The main events take place in October but there is continuous work throughout the year through other events such as Tumaini Festival where they arrange "fashion in the dust" among others.

Number of people attended last event: 150
When next it will occur: June 2023
Entrance fees: Varies

Contact Details

Tel: +265 996 363 688
Email: zikani@mzuzufashionweek.com

★ European Film Festival

Venue: Lilongwe: Crossroads Hotel, Gardens of the EU Residence, Lilongwe
 Blantyre: Jacaranda Foundation Center, Jacaranda Foundation Center



The European film festival is an annual event that showcases acclaimed European features alongside Malawian short films. Organized by the Lake of Stars team, the first European film festival in Malawi was held in 2019 at Crossroads Hotel in Lilongwe and the Jacaranda Foundation in Blantyre. Although each screening is free entry, there is limited capacity. The purpose of the festival is to create a platform to showcase European films and Malawian films. It also aims to connect European film makers and Malawian film makers and conduct workshops and exhibitions in further developing the film industry of Malawi.

Number of people attended last event: 500
When next it will occur: Dates to be announced
Entrance fees: Free Entry

Contact Details

Tel: +265 1 773 199
Email: sharmila@lakeofstars.org

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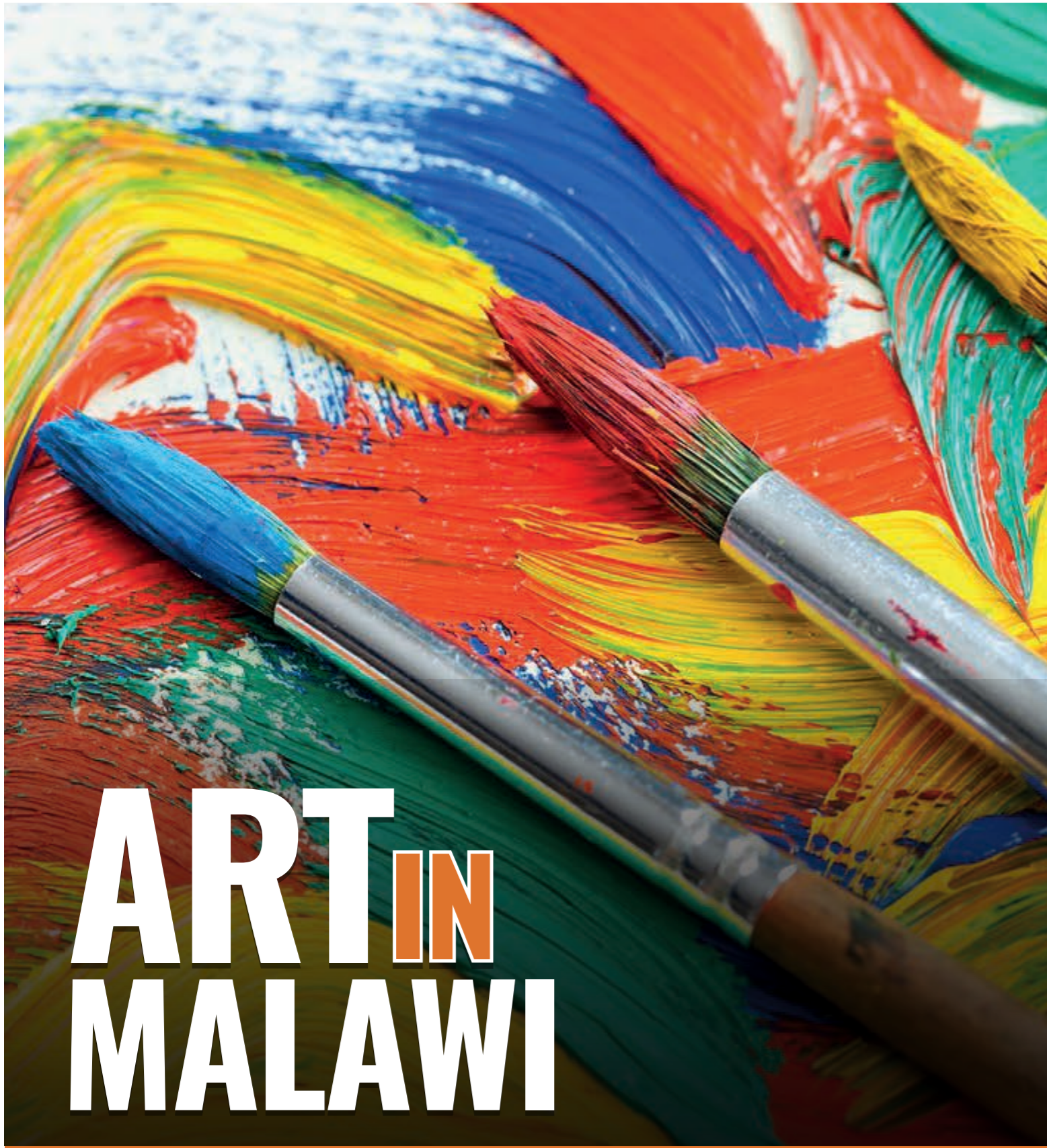
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ART IN MALAWI

We are delighted to bring you this segment of art in Malawi in our third issue of Travel PLUS Malawi 2022. In this edition, we look at visual art in Malawi through the lens of 3 different artists that use different mediums. New forms of visual art in Malawi have emerged on the art scene in recent years and we aim to highlight these and more in this article. Many young

artists now hold art exhibitions which are attended by art enthusiasts from all over the country. These exhibits often showcase various forms of visual art. You can also find art on sale in art galleries across the country.

In this segment of art in Malawi, we interviewed Chisomo Lifa who is a climate change activist that uses

his art to influence change, Betty Nyirenda a fine art and abstract painter and Chris Taulo, a sketch artist. We hope you enjoy getting to know these artists and appreciate the work they shared. These include acrylic paintings, canvas paintings and sketches.



Chisomo Lifa Visual Artist

Age: 27

Current City: Blantyre, Malawi

@chisomolifar

“ I enjoy working with recycled materials because the inspiration is endless. ”

Chisomo Lifa is a multi-talented Climate Change Activist who incorporates recycled material in his work to create magnificent pieces of artwork. He uses different mediums and techniques to achieve

his artistic vision. Chisomo is actively promoting awareness as well as a much-needed environmental strategy towards civic education on waste management, pollution and climate change.

Tell us about yourself.

I am Chisomo Lifa, I am 27 years old and I am currently based in Blantyre. I became interested in art in 2014 while I was in Secondary school. My interest in art was sparked after I saw an article in the newspaper about William Mwale, a Malawian artist who makes pencil drawings and oil paintings. I was fascinated by his work which depicted lions and from there I was inspired to venture into art as well. The first piece I ever worked on was a self-portrait which I showed to my mum and she encouraged me to pursue art as a career.

What inspired you to incorporate recycled material in your work?

It has always been my desire to find solutions to problems in the world and one thing I am passionate about is climate change. When I first started drawing, I was staying in Ndirande which is a township that can be described as a slum due to the amount of trash you can find there. I came up with the idea to use the trash in my art as a reminder of the environmental issues the planet faces and also to inspire others to change their lifestyle and use recycled material in new and creative ways.

Tell us about this piece that depicts the map of Malawi and what it symbolizes?

This piece symbolizes the vision of Malawi and what I think Malawi should look like in the future. So there's a piece that symbolizes a bullet train because I think it would be great if Malawi was able to have such sophisticated transportation systems. There are also resistors incorporated in this piece which represent silos which will be used to store food. There is also a piece that represents a dyke which is a wall that can be built to prevent water from flooding into low-lying land. The inspiration for this piece was the floods that Malawi usually experiences in the southern region. So this dyke is my solution to the flooding problem. Lastly, there is a depiction of hotels along the lakeshore regions because that is where the tourism industry thrives.

How has your practice changed over the years?

There has definitely been a gradual change in the way I make art over the years. I would say my work has improved and it is also more environmentally friendly. My art is constantly evolving and I am excited to see the type of art I will be making in the next couple of years.

Where can people buy your art?

At present, people can find me on social media. I mostly sell my work on online platforms.

What is your thought process like when you are creating art?

For me, it's all about inspiration. When I see something that inspires me I start to think about what I can do with it so every piece I create is completely different from the next and it is a new experience every time. This is also why I enjoy working with recycled materials because the inspiration is endless.

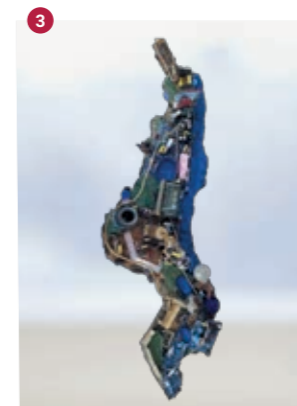
What is your dream project?

There's a clean-up project that I have always wanted to work on and we have actually started the process for this project. Basically, we will be collecting trash and making art from it as well as educating the youth on climate change because it's important to teach them while they are young. This project is also aimed at enhancing waste management knowledge by encouraging individuals to take action in taking care of the environment.

Any advice for young Malawian artists?

In Malawi, art as a career is not usually taken seriously or supported by parents so I would advise any young person that is interested in art to listen to their inner voice and pursue their passion. I also think we need international platforms where we can exhibit our work. One of the challenges we face in Malawi is that we lack recognition on a large scale.

Notable Artworks



1 Name of art: Survivor

This is a depiction of a girl with albinism. The inspiration for this piece was the albino killings that were taking place in Malawi. I modelled this piece after someone that is a survivor of many hardships. She managed to get an education and now she fights for the rights of other oppressed people. I used magazine cut-outs to make this piece.

2 Name of art: Southern African best of best

I was inspired to create this piece when I saw that Nelson Mandela is loved everywhere. As an artist I took it upon myself to depict the mood of a happy Nelson Mandela with a calm demeanour. If you look at his face closely you will see how he is glowing with love and for a lot of people that's what he represented so I tried to capture that. I used trash and newspaper cut-outs while making this piece.

3 Name of art: Malawi Vison 2023

This piece symbolizes what I think Malawi should look like in the future. I was inspired to make this after Malawi had experienced several tragedies. It is supposed to act as a ray of hope to Malawians.



Betty Nyirenda

Visual Artist

Age: 26
Current City: Lilongwe, Malawi
@bettynyirenda

Born in 1996, Betty Nyirenda is a fine art and abstract painter who is based in Lilongwe. Betty likes to create images that portray different expressions, feelings and authentic stories allowing the viewer to get in touch with life's diverse aspects. Betty specializes in portraits and shows the power of

“ I love when I accomplish creating a piece that was difficult but it turns out better than I pictured ”

femininity through photos of women in different settings. Betty has exhibited her artwork in Lilongwe at Art in the Park and in Zambia. Betty has a strong desire to contribute to and improve the overall status of art in Malawi so that Malawian local art can be recognized internationally.

When did you start creating art?

I started creating art during my childhood but I only discovered my talent in painting and drawing as an adult so I started perfecting my painting skills in 2020.

What's your favourite part about creating art?

I love when I accomplish creating a piece that was difficult but it turns out better than I pictured it. I also just enjoy the feeling because when I feel overwhelmed it helps me get in touch with myself.

How long does it take you to create a piece?

Usually, that depends on the amount of detail required, motivation, deadline, inspiration, mood and mostly schedule. But basically, I start with sketching the outline of the image that I want to create with a pencil then after that I work on the background. Then, I proceed to fill in the rest of the details with paint. Sometimes it can take me 2-3 weeks to finalize a painting and the maximum amount of time I've spent on a painting has been a month.

Who are your biggest artistic influences?

Mr. Chikanga is one of my biggest influences. He's in his 90's and paints scenery so I get a lot of knowledge from him about art and life. Another influence is Mavuto Soko, my art teacher who taught me to pay attention to detail when painting and how to bring commissions to life by using blending techniques. He has also mentored me throughout my career. Lastly, I am influenced by Vincent Van Gogh.

How important is art in Malawian society?

Art makes life enjoyable and can be used to communicate information, preserve culture, create economic opportunities and of course break barriers by bringing people from different backgrounds/cultures together. All these are important aspects of art but what makes art extremely important in Malawi is how big the tourism industry is and the role art plays in this industry which impacts the socio-economic status of many local artists.

Your art displays themes of the power of femininity, what's the inspiration behind this?

Most of the times when I'm creating art I'm usually extremely emotional, either happy, stressed, sad or angry. So I'd say my art is inspired by my feelings. That's why one of my master pieces is called "feeling". But besides that I also draw from my personal experiences as a woman. Other times, it's my conscious mind grasping the thoughts of my subconscious mind and how best this can be channelled into a story.

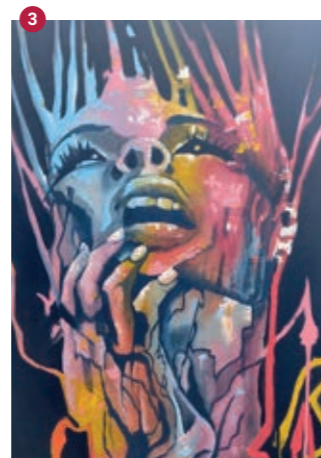
What materials do you use in your paintings?

I use pencils, rulers (big and small), erasers, paint (acrylics), paint brushes, waste products, jewellery or anything I can use to achieve what I'm trying to portray.

What are your goals as a Malawian artist?

My goal is to find myself in art like what skills I have that I haven't yet discovered and change the type of art I create just to step out of my comfort zone and I would also like to test my imagination. I want to impact Malawian children positively.

Notable Artworks



1 Name of art: Diverse Creation
After having a son, I felt in touch with my body as a woman. I was inspired to portray creation in its authentic form. This piece symbolizes how the world and everything in it contributes to life and energy. I used a real chitenje cloth to create a head wrap for her. As Africans, it is important to incorporate our culture in the stories we tell so that's what I was trying to do with this piece. I was also inspired by a TED talk which Chimamanda Ngozi Adichie gave titled "the dangers of a single story".

2 Name of art: Renaissance
This piece symbolizes the power of a woman. A lion is the king of the jungle and represents power and the warrior lady who is mighty and forceful. Her tribal tattoos and waist beads signify the authenticity of an African woman.

3 Name of art: Feeling / Nostalgia
This one can be perceived in any way. It's basically depicting emotions which can either be pain or pleasure.



Chris T.E Taulo

Visual Artist

Age: 23
Current City: Blantyre, Malawi
@cristees.art

Chris Tikhala Eddie Taulo professionally known as 'Cris Tee Taulo' is a Malawian artist based in Blantyre where he was born and raised. Born on 14th September 1999, he has been drawing since the age of 5. He was inspired to pursue art as a career path by Peter Masina whom he met at

“ There were times when I wanted to give up drawing because I failed to produce what I imagined but passion kept me going ”

Chichiri Museum in Blantyre. From there, he started training and began to expand his knowledge about the art industry at the age of 15. Thereafter, He went on to receive formal art training at the University of Malawi, Chancellor College and was awarded a certificate.

Which places have you showcased your work in?

I have had a chance to exhibit some of my work in some places like Kaza Kitchen in Lilongwe, Art in The Park at Four Seasons in Lilongwe, Zomba City Festival and Jacaranda Cultural Centre in Blantyre. Moreover, some of my artwork has been sold in the United Kingdom and the United States of America. I also provide art training to people that have been inspired by my work.

You often incorporate bright colours in your work, what is the inspiration behind this?

Yes, I like to use bright colours because I think they're eye-catching. However, I am still trying to figure out my space in the art world so my style and the way I choose my colours will change eventually.

Where can people buy your art?

My art is available online at the moment just contact me directly on my phone, email or Instagram.

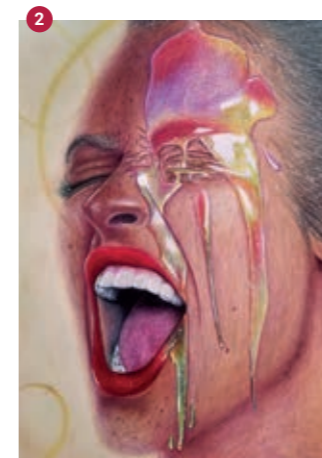
What is your thought process like when you are creating art?

Basically, I start by having a plan of what I want to draw based on inspiration from music, movies and nature then looking for a good reference photo and I sketch the outline just to get some really good proportions of the figure I want to draw. After this, I choose the colors and materials that I want to use in the particular artwork and bring my imagination to life.

How has your practice changed over time?

There were times when I wanted to give up drawing because I failed to produce what I imagined but passion kept me going. I needed to understand that art takes long to master and I just had to keep going and practice each and every day to get used to it.

Notable Artworks

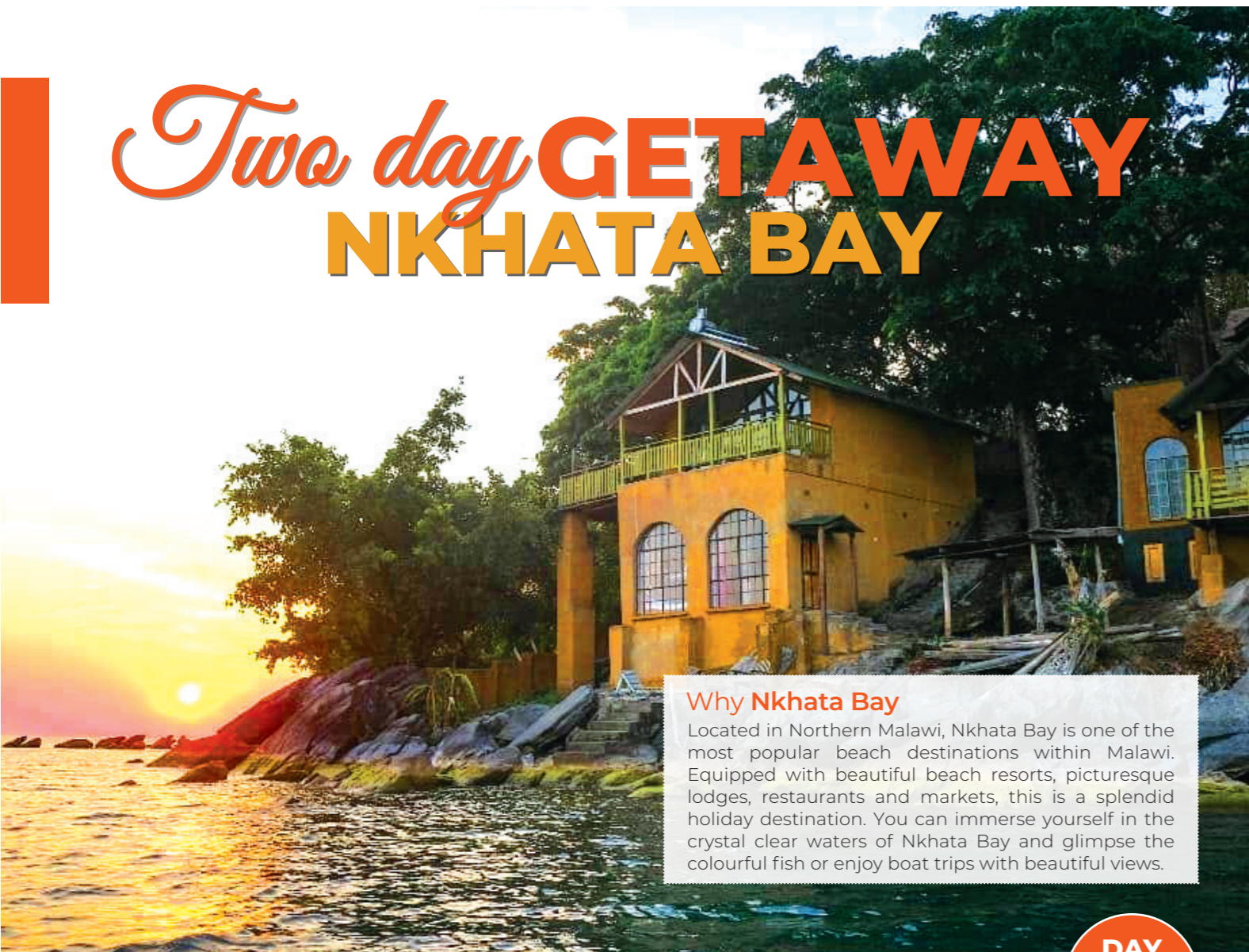


1 Name of art: Imagine an Elephant
This is a watercolour and marker painting done in a style that depicts beauty of colour and rainbow colours using an elephant outline to make it stand out and give it an African feel.

2 Name of art: Melting
This is a colour pencil drawing with a fictional feel. In this painting, her face was burnt to a point where she started melting into rainbow colours

3 Name of art: Crazy Hair
This is a pen and ink drawing that shows how afro hair flows when it gets windy

Two day GETAWAY NKHATA BAY



Why Nkhata Bay

Located in Northern Malawi, Nkhata Bay is one of the most popular beach destinations within Malawi. Equipped with beautiful beach resorts, picturesque lodges, restaurants and markets, this is a splendid holiday destination. You can immerse yourself in the crystal clear waters of Nkhata Bay and glimpse the colourful fish or enjoy boat trips with beautiful views.

DAY
1

01

BEGIN YOUR TRIP FROM LILONGWE | 07:00AM (About 5 hours 30 min.)

Usually the journey from Lilongwe to Nkhata Bay takes about 5 hours and 30 minutes via M1.

02

HAVE LUNCH AT CRESTVIEW RESTAURANT 12:30PM

Crestview: Crestview restaurant is the place for you if you are interested in local cuisines especially the unique dishes of Nkhata Bay. The most recommended dish at Crestview is Batala (Butterfish) with Kondowole which is a local dish made from cassava flour and water. Some people say that if you eat it for lunch you don't need to eat anything else for dinner because its so filling.



Contact details
Tel: +265 996 901 002

Opening Hours
06:00-21:00 (Mon-Sat)



03



CHECK IN AT MAYOKA VILLAGE | 02:00PM

Mayoka Village offers quality boutique accommodation to suit all budgets from individual camping spots to family cottages. There are beautiful outdoor showers where you can bathe in the sun or under the stars with a great view of the lake.

ENJOY WATER ACTIVITIES

Mayoka Village provides free kayaking, snorkelling and stand-up paddle board equipment for guests. The stand-up paddle boards are ideal for seeing Lake Malawi from a different perspective.

Contact details

Tel: +265 999 268 595
Email: mayokavillage@yahoo.co.uk



Google Map

DAY
2

04

SCUBA DIVING AT AQUA AFRICA | 08:00AM



Aqua Africa Scuba Diving School is located opposite the Ilala Ferry Port in Nkhata Bay. It is said that Lake Malawi is home to more species of fish than the USA and Europe combined. This means that it is home to many tropical fish and hundreds of species found nowhere else on earth. You'll also see lovely colourful fish and cichlids that protect their offspring in their mouths. Malawi's gorgeous Rift Valley landscape is reflected under the water, creating a stunning lake landscape of dramatic rock formations, caves and cliffs. These features make Nkhata Bay one of the best freshwater diving destinations in the world. Malawi is also one of the most affordable places in Africa to obtain a PADI certification. No previous diving experience is required.

Prices For PADI Diving Courses

Full Certification.....\$425

If you'd like to get your full certification, it will take 2-4 days to complete and this allows you to then dive anywhere in the world.

Night Dive.....\$70

For those who are already certified divers, Aqua Africa offers night dives, casual dives and scuba review as well.

Discover Dive.....\$85

The discovery dive is your introduction to the wonderful underwater world of Lake Malawi and this takes approximately half a day and includes a dive to a maximum depth of 12m.

Prices For Certified Divers

Day Dive.....\$50

Casual Dive.....\$50

Scuba Review.....\$70

Contact details

Tel: +265 998 147 628



Google Map

OTHER ACTIVITIES YOU CAN ENJOY IN NKHATABAY | 08:00AM

1. Boat Trip

When you visit Nkhata Bay, you can't afford to miss out on a boat tour. The lake has many attractions that are not easily seen from land. Boat tours include activities such as fish eagle feeding, cliff jumping and snorkelling. You can also visit Sandy Beach (Mpapa Beach) and relax on the beach while watching fishermen sort fish and maintain nets.



2. Village Tour & Hiking

Take a guided tour of the surrounding villages and experience life with the locals. Learn the local language which is Tumbuka or learn how to prepare local meals like kondowole and Nsima. You can also go hiking in surrounding areas.



05

SUNDAY PIZZA AT MAYOKA | 12:30PM

Enjoy a mouth-watering meal at the Mayoka Village restaurant which only uses fresh ingredients. Pizza is available every Sunday and it is the most popular meal at Mayoka Village. The restaurant also offers vegan and gluten free options. There is an extensive and exciting menu with dishes from all over the world to satisfy your palate.



06

BUY SOUVENIRS | 01:30PM

Bamboo Shop is a lovely handmade jewellery shop located on Chikale road in Nkhata Bay. The shop offers many quality products such as jewellery (necklaces, earrings, bracelets etc.), paintings and sculptures. The jewellery is made on the spot by the owner called Mr. Machine. You will find jewellery with your favourite colour combination. Some of the items are only available in this shop, so if you are looking for a souvenir of your visit to Nkhata Bay, you should definitely stop by this shop.

Contact details
Tel: +265 881 715 596

Opening Hours
07:00-18:00 (Mon-Sat)
07:00-15:00 (Sun)



07

RETURN TO LILONGWE | 02:00PM

NEARBY LODGES



NJAYA LODGE

Njaya Lodge which is situated on Chikale Beach, about 2km outside Nkhata Bay provides comfortable and magnificent accommodation for travellers. This is an ideal lodge for honeymooners because it is peaceful and private. The lodge has several accommodation options including 4 beach cottages, 3 garden chalets and 1 villa which overlooks the beach.

Check in | Anytime **Check Out** | 10:00
📞 +265 999 948 673
✉ paul@paulnorris.co.uk



DREAM HOUSE MALAWI COTTAGE

If you are looking for a quiet, beautiful place to stay then Dream House Cottage is for you. The colourful architecture of Dream House Cottage makes it a must visit. The accommodation comprises of a house and chalets with spacious rooms and a private beach.

Check in | Anytime **Check Out** | 10:30
📞 +265 992 077 930 / +265 880 522 023
✉ dreamhousemalawi@gmail.com



NKHAKAR LODGE

Nkhakar Lodge offers accommodation with a bar and free Wi-Fi. With beach-facing rooms, Nkhakar offers stunning views for guests. Options for accommodation include single room and double room. Breakfast is available daily and includes a variety of options.

Check in | Anytime **Check Out** | 10:00
📞 +265 991 09 89 16 / +265 993 048 167
✉ Nkhakarlodge@gmail.com



EASY RECIPES

Moussaka

Moussaka is a traditional Greek dish consisting of an eggplant or potato-base which can be made with several variations. In this recipe which was passed down to Carol by her mother, we used both eggplants and potatoes to assemble the dish.



Ingredients



For moussaka base

- 6 eggplants (sliced into 1cm thickness)
- 5 large Irish potatoes (sliced into rounds)

For the Béchamel sauce

- 900ml milk
- 120g butter
- 120g flour
- 2 egg yolks
- Salt
- 100g of any hard cheese (e.g. cheddar or parmesan)

For meat sauce

- 500g beef mince
- 2 red onions (chopped)
- 2 garlic cloves
- 2tbsps tomato paste
- 1 glass red wine
- 3 pureed tomatoes
- 1 bay leaf
- 1 cinnamon stick
- 1 pinch of sea salt
- 2 freshly ground black pepper
- ¼ cup olive oil or peanut oil

Method

55min
for 6 people



PREPARED BY
Carol Kay-Saccor
@carolskitchen_mw



Moussaka base

1 Sprinkle salt on eggplants then fry them in oil until brown. Place fried eggplants on paper to absorb the oil. Fry the potatoes the same way and set aside.

Meat sauce

2 Heat large pan to medium heat, add oil and stir in chopped onions then sauté until soft and brown.
3 Stir in the mince meat, breaking it up along the way. When it starts to brown add garlic, tomato paste, sauté for 2-3 min. Pour in the wine and stir.
4 Add ingredients [B] then bring to a boil and turn the heat down. Simmer with the lid on for 20 min. Set aside when done.

Béchamel sauce

5 In a large pan, melt butter over low-medium heat then add flour while whisking continuously to make a paste.
6 Add warm milk in a steady stream and keep whisking to prevent sauce from getting lumpy.
7 Remove sauce pan from heat and stir in the ingredients [A]. (reserve some grated cheese for later) Season with salt and set aside.

Assembling the Moussaka

8 Preheat oven to 180° and butter bottom sides of your dish. (Use a 20x30cm Pyrex dish)
9 Layer potatoes on the bottom then layer half of the eggplants and pour in all the meat sauce and spread evenly.
10 Add second layer of eggplant, top with all the Béchamel sauce and smooth out then sprinkle remaining grated cheese.
11 Bake for 30-45min or until crust is golden brown. Let it cool before cutting so that it doesn't crumble when you cut it.



Mountain
Zomba Mountain

Mountain Height
2,087m (Mulumbe Peak)

Birds to be seen
Bertram's weaver
Black Saw-wing swallow
Mountain wagtail

Views from the top

1. Zomba Township
2. Lake Malawi
3. Mount Mulanje
4. Chiradzulu Mountain

The Hiking Fever of 2022

Welcome to another edition of hiking fever. You are probably wondering how much progress you've made with your fitness goals. This is the perfect time to evaluate and re-commit to hiking.

Hiking is a great way of working out because it lowers blood pressure while enhancing your mental wellbeing. You can also enjoy hiking with friends or family. The experience can be fulfilling and exciting.

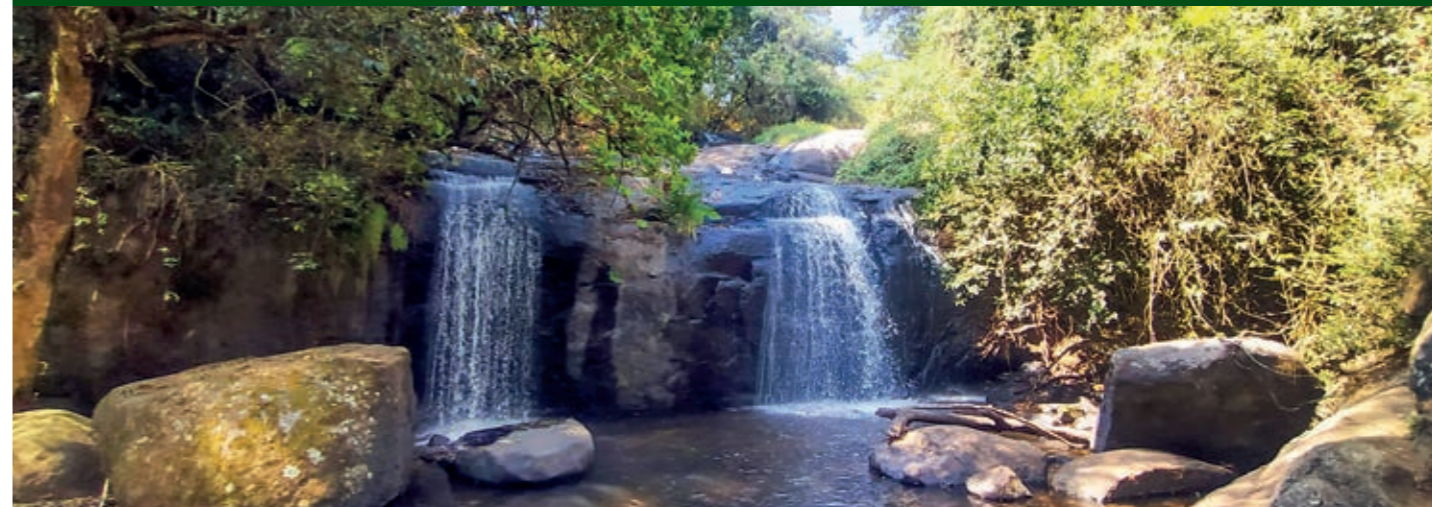
Zomba Mountain

Zomba

Hiking Difficulty Scale



ESTIMATED HIKING TIME: 8 Hours



1

Begin the hike from Sunbird Ku Chawe. Take a look at the model of Zomba Plateau which you will find close to the hotel.



2

The first destination is Mulumbe Peak which is about a 2-hour walk along a well-maintained road. The scenery is beautiful and green.



3

In the distance you can see Mulunguzi Dam. Lunguzi is the sweet and tasty fruit from which Mulunguzi Dam derives its name. The fruit is commonly found around this area. There is also an antenna at the top of Mulumbe Peak.



4

The second destination is Chingwe's Hole which is an hour away. The hole is under a large tree on the left. There is a signpost at Chingwe's Hole.



5

The final destination is William's Falls which is about two hours away from Chingwe's hole.



6

Arrive at William's Falls. Spend your time hitting the waterfalls, swimming in the pools or relaxing in the shade of the trees. You can also buy power stones from the Zomba Plateau at reasonable prices.

Going up the mountain

The Zomba Plateau is a huge mountain that stretches 130km² behind Zomba Town and rises to an altitude of 1,800m. Ideal for hiking and birdwatching, the views from Zomba Plateau are very stunning. There are a variety of hiking trails that range from 1 to 8 hours in duration. Our team took an 8-hour hike that started from Sunbird Ku Chawe and includes some very photogenic spots such as Mulumbe Peak, Chingwe's Hole and William's Falls.

There is a free car park in front of Sunbird Ku Chawe where you can park your car.

Getting to Zomba Mountain

TIME:
1 hour 30 minutes
drive from Blantyre

DISTANCE:
70.0km via M3

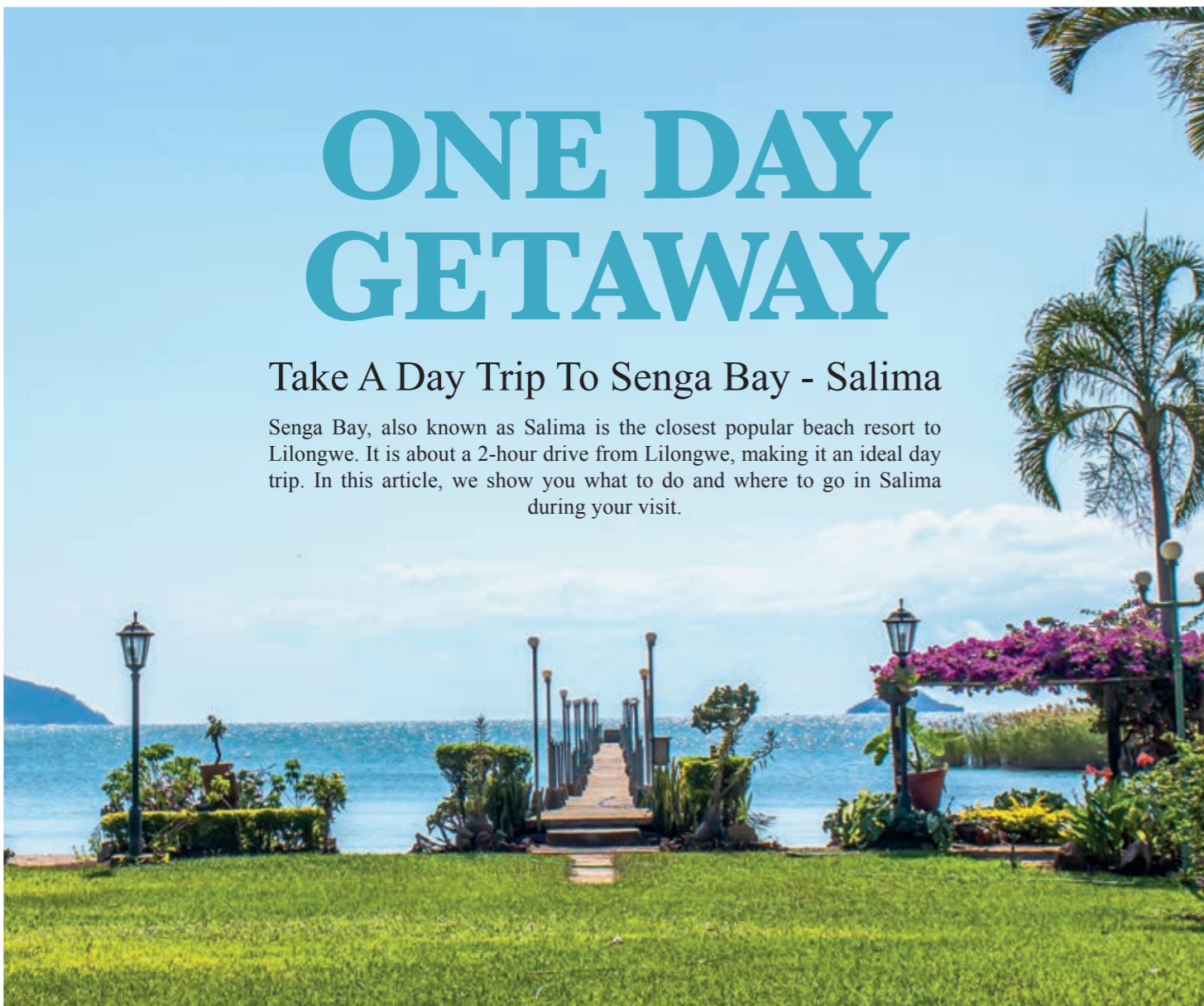


Google Map

ONE DAY GETAWAY

Take A Day Trip To Senga Bay - Salima

Senga Bay, also known as Salima is the closest popular beach resort to Lilongwe. It is about a 2-hour drive from Lilongwe, making it an ideal day trip. In this article, we show you what to do and where to go in Salima during your visit.



WHAT TO DO IN SENGA BAY



1. Visit the cichlid farm at Red Zebra



Lake Malawi has thousands of species of fish, many of which are endemic to the Lake. At Red Zebra Cichlid Farm which was established in 1973, there are more than 150 species of cichlid fish. Red Zebra derives its name from the cichlid species *maylandia estherae* which dwells among rocks in Lake Malawi. The cichlids that you will see at the farm are collected by divers and stored in large tanks until an order has been confirmed. After that, they are transported internationally with the highest demand being in Europe. Some of the most popular cichlid species you can find at the farm include *pseudotropheus saulosi* which is endemic to Lake Malawi. These fish are very beautiful to look at. Another well-known species you can see at the cichlid farm is *labeotropheus fuelleborni* which is also known as Blue Mbuna. This species is also endemic to Lake Malawi.

| Opening hours | Entrance fees | Contact Details |
|----------------------------------|--------------------------------|---|
| Monday-Sunday 8:00am - 3:00pm | K1,000 adults K500 children | +265 996 707 348 zikani@lakemalawi.com |



2. Visit Kabumba Hotel



Situated at the foot of Senga Hills in Salima lies Kabumba Hotel. The hotel is the most popular honeymoon destination in Malawi. Couples flock to Kabumba hotel for a once-in-a-lifetime experience. In 2019, Kabumba Hotel was the venue for the Sand Music Festival which is one of the biggest festivals that happens in Malawi. Kabumba Hotel also has a lovely bar which has swings that serve as seats. Additionally, Kabumba Hotel has a beautiful swimming pool and private beach where you can go for a dip.

| Opening hours | Contact Details |
|-----------------------------------|--|
| Monday-Sunday 6:00am - 10:00pm | Check in: Anytime Check out: 10:00am +265 999 337 700 info@kabumbahotel.com |

3. Visit Mchenga wa Moto Village



Spice up your trip by visiting a local fishing village. Mchenga wa Moto is a lively fishing village where you can see locals making colourful fish nets and going about their day-to-day lives. You will also see people being ferried into boats that travel to Mangochi which is an interesting sight as they often have to be carried into the water to board the boat.



4. Visit Sunset Market



As you are leaving Salima you will notice a display of vibrant souvenir shops along the side of the road. This is the Sunset Market, a collection of 52 souvenir shops. Many of the shops have beautiful items on display such as hats, sculptures, jewellery and more. You can drop by the market as you head back to Lilongwe and buy a souvenir. The market is open every day from 6:00am - 6:00pm.

Sunset Drive

Discover **Kortasia**, one of the best places in Lilongwe to watch the sunset.

Lilongwe's flat landscape makes it an ideal location to watch the sunset in Malawi. There are no mountains and few trees which means that it is one of the best places to watch both the sunset and sunrise.

One of the locations where you can watch the sunset is along the bypass road. After watching the sunset, you can stop by Kortasia Lodge which you can access via the M1. Kortasia is one of the few restaurants and bar in Malawi that has a karaoke room. After enjoying a delicious dinner, why not relieve stress with friends at a karaoke session?

OPENING HOURS

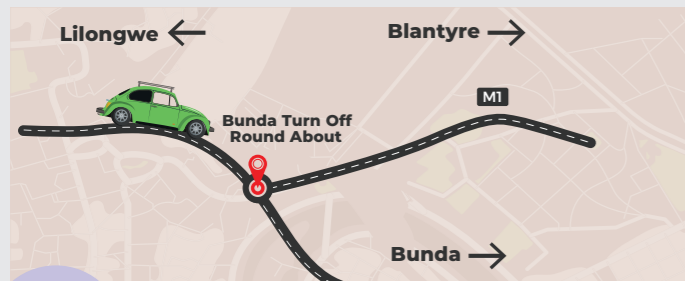
06:00am - 10:00pm
Monday - Sunday

FOR ENQUIRIES

✉ kortasialodge@gmail.com
☎ +265 (0) 999 282 114



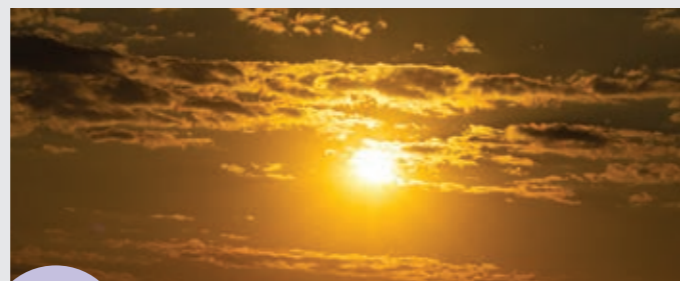
Google Map



01 DRIVING TO BUNDA TURN-OFF

17:00

Begin your journey from Lilongwe to the bypass road.



02 ENJOY THE SUNSET

17:25

SUNSET TIME IN LILONGWE

| | | | | | |
|--------------------------|-------|------------------------|-------|---------------------------|-------|
| 1 st January | 18:16 | 1 st May | 17:29 | 1 st September | 17:40 |
| 1 st February | 18:19 | 1 st June | 17:23 | 1 st October | 17:41 |
| 1 st March | 18:07 | 1 st July | 17:25 | 1 st November | 17:46 |
| 1 st April | 18:47 | 1 st August | 17:36 | 1 st December | 18:00 |



03 DINNER & DRINKS AT KORTASIA

17:45

Kortasia is one of Malawi's most popular Korean restaurants. The authentic flavours prepared by the Korean owner may make you think are in Korea. There is also a bar available stocked with a variety of drinks. The restaurant's stylish interior and relaxed atmosphere make it ideal for special occasions such as a date with a loved one.



04 KARAOKE AT KORTASIA

18:30

Kortasia has a spacious karaoke room where you can socialize after watching the beautiful sunset. With over 1000 selections of popular English songs to pick from, this is a fun experience to enjoy with your friends. The room can accommodate about 10 people and the fee can be split between participants.

Karaoke fee: K15,000 per room.



4 TYPES OF YOGA YOU MUST try!

Yoga is a group of physical, mental and spiritual practices which originated in India and has been around for ages. It involves breath control, meditation and the adoption of specific body postures. One of the places where you can practice yoga in Lilongwe is Soul Safari Africa in area 12. At Soul Safari Africa, you can practice 4 different types of yoga which are Aerial Yoga, Yin Yoga, Yoga Nidra and Aerial Barre. The class is taught by Lotte Van Rooij who is from the Netherlands. She moved to Malawi and set up the Soul Safari Africa yoga studio in 2020 because she was interested in experiencing the beauty of Africa through yoga. The goal for setting up the yoga studio was to make yoga accessible and enjoyable for everyone. In her classes, Lotte encourages students to practice yoga with an open mind, to explore their potential and challenge themselves without pushing too far.

1. Aerial Yoga

Aerial yoga is a relatively new form of yoga that combines traditional yoga with dance and acrobatics. You can stand, sit, lie or hang in the aerial silks. Aerial yoga provides an opportunity to experience the healing effects of a suspended inversion. Just hanging upside down in the silk hammocks will create full decompression of the spine which has a therapeutic effect on the back and neck. The aerial silks make some yoga poses easier and others more challenging where extreme concentration is required and the use of all your muscles is required to keep your balance. The flying and swinging poses bring an extra fun element to your yoga practice.



2. Yin Yoga

In yin yoga, the focus is on stillness rather than movement, each pose is held for about 3-5 minutes. You don't use the body to get into a pose, you use the pose to get into the body which has a soothing effect on both the mind and body. Yin yoga works to restore the strength and flexibility of your joints and connective tissue. You achieve the greatest effect when you practice yin yoga in combination with a more energetic form of yoga such as aerial yoga.



3. Aerial Barre

An aerial barre class is a ballet inspired workout combined with the precision of yoga stretches. By targeting the postural and core muscles, the focus is on creating a strong dancer's body. In an aerial barre class, the silk hammocks replace the need for a ballet barre. The subtle movement of the silks force the body to make micro adjustments in order to stay balanced.



4. Yoga Nidra

During yoga Nidra your consciousness is between waking and sleeping which is a state you normally only reach in deep sleep. During the practice you withdraw all your senses, except your hearing. You lie completely still and you are aware of everything. One 30-minute session is equivalent to about 2-4 hours of deep sleep. This is why you feel refreshed and rested after practicing yoga Nidra.

MAP of LILONGWE

Lilongwe became Malawi's capital in 1975, a role previously filled by Zomba. The Old Town is distinct and separate from the new Capital City. The City has much in common with other 20th century urban developments around the world. Its gleaming

modern buildings in their spacious garden-like settings, contrast with the hustle and bustle of Old Town. Both of these different parts of the town are worth touring. Old Town Mall is the best, particularly for those looking for quality souvenirs.



LEGEND

- Main Road
- Second Road
- Minor Road
- Restaurants
- Juice & Smoothie Bars
- Ice Cream Parlour
- Souvenirs
- Filling station
- Car Hire/Rentals
- Police
- Hospital
- Rock Climbing
- Golf Club

Teacher



Lotte Van Rooij
 +265 999 357 994
 lotte@soulsafari.africa

YOGA SESSION FEES

1-Day Class : K15,500/person
5-Day Class : K61,000/person
10-Day Class : K100,000/person

*Prices are subject to change depending on the value of the Kwacha. Sessions are strictly by booking.
 To book visit: <https://soulsafari.africa/schedule/>

WINES & WINGS

Contacts
 Mphungu road, Area 12, Lilongwe
 lotte@soulsafari.africa
 soul_safari_africa
 B5 on page 30



GOOGLE MAP

SHARE YOUR FRAME

Competition Winner

📷 @wongie_mulanga

Congratulations **Wongani Mulanga** for winning the Travel PLUS Malawi Share your frame competition with **303 likes** on Instagram.



Thank you to everyone that participated!



Here are some of our readers travel photos.

📷 [travelplus_mw](#)



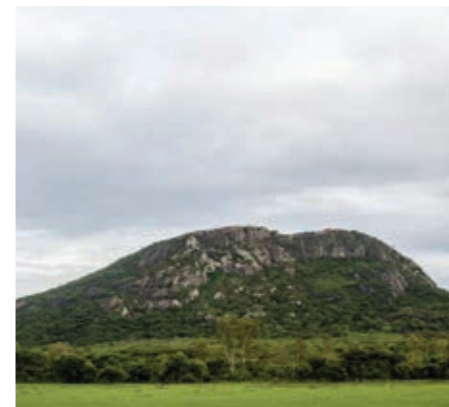
@king_bright_legend
Mulanje



@joshfox_95
Blantyre



@_sunsetsandclouds
Lake Malawi



@nikiwe
Bunda Mountain



@utawalezaphotography
Nkhata Bay



@kabz_waz_here
Lilongwe Luanar



@creative_hesiigner
LUANAR



@travelplus_mw
Makokola Retreat



@idouglasart
Salima



Kibebe Shopping Bag

These re-usable bags with hardwearing nylon straps and wipe-able interior are the ideal companion for anyone on the go. Made with chitenje by artisans from Dzaleka refugee camp, the profits from these bags provide them with a source of living. The bags are lined with recycled plastic bags and have plenty of room for everything from a swimming kit to shopping essentials. Chitenje shopping bags are decorated with bright and colourful chitenje patterns which depict Malawian life. Why not buy one of these bags to remind you of your stay in Malawi? When the bag is empty, you can fold it and keep it. You can find these bags at the Kibebe shop inside the Four Seasons Garden in Lilongwe. **The shop is open daily from 9:00am - 4:30pm.**

Souvenir Shopping

There is no better way to keep a record of your travels than collecting souvenirs. Souvenirs can help you re-live special moments that may otherwise be forgotten. To make souvenir shopping fun and easy, we recommend that you break it down into categories. You can get something long-lasting, something sweet and savoury and something you can share with friends. We visited some souvenir shops and came up with unique ideas for your souvenir shopping.



Malawi Creations T-shirt

Malawi Creations is a new Malawian fashion brand launched in 2021. The owner was working in the hospitality industry and always wanted to delight tourists by creating unique Malawian souvenirs. The T-shirts are printed with Chichewa words such as 'Zikomo Kwambiri' (Thank you), 'Takulandirani' (Welcome) and 'Muli Bwanji' (How are you?). When you wear this T-shirt, many people will surely ask you what you remember about your time in Malawi. It is the perfect souvenir for yourself and your friends. Malawi Creations T-shirts can be purchased at shops in Umodzi Park, Lizulu Market and Lilongwe Ziboloboli Market in Area 4. **Contact: +265 999 918 199**

Fridge Magnet

Fridge magnets are one of the most popular souvenir items that you can buy. In Malawi, you can find fridge magnets made from various materials such as wood, metal and plastic. These magnets can depict animals such as elephants which you can see at national parks in Malawi. A fridge magnet from Malawi is a great souvenir option because you will constantly be reminded of the Warm Heart of Africa. You can get a fridge magnet that features specific Malawian landmarks, maps or the name of a location engraved into them. Fridge magnets are available at most souvenir shops and local curios markets.



Jemaw Earrings

Jemaw is a Malawian brand that sells hand-made jewellery and home décor items that are made right here in Malawi. One of these items are the Jemaw earrings. Unlike other earrings, Jemaw earrings are made from polymer clay and resin which are new products in the Malawian jewellery industry. Jemaw earrings are great as a souvenir because they are available in colours that represent the flag of Malawi: black represents the people, red symbolizes the blood that was shed during the struggle to gain independence and green represents the nature of Malawi. They also have other attractive designs of the earrings such as animals and fruits. These earrings are also lightweight and durable so they last longer than other earrings. Additionally, Jemaw makes sure that their earrings are friendly even for people with sensitive ears. **WhatsApp or Call: +265 882 019 373 / +265 995 357 594**
Instagram page: @Jemaw_shop



TRAVEL PLUS+

Your Travel Coordinator **MALAWI**

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EXECUTIVE DIRECTOR

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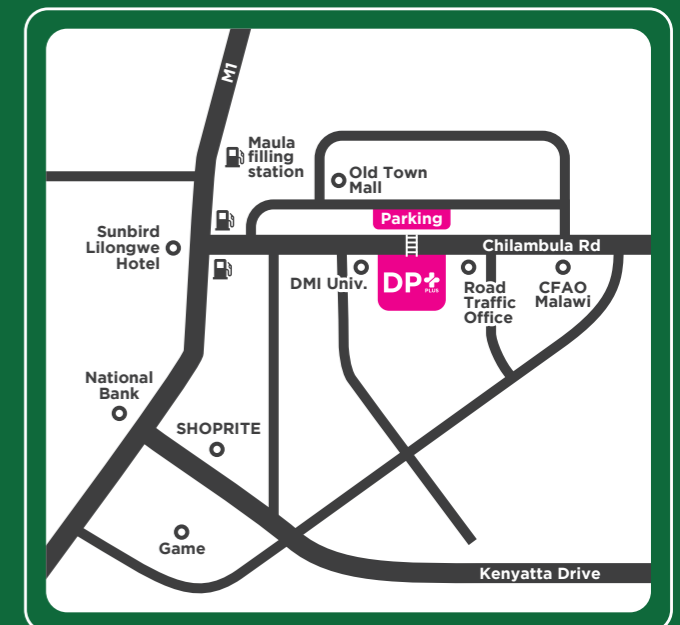
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Design and Printing PLUS is a graphic designing and printing company which also publishes **Travel PLUS** and **Business PLUS Magazine**. The magazines are available at our office or contact us through above details for inquiries and advertisements.



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PHOTOGRAPHY



CONTACT INFORMATION

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WORKING HOURS

08:00 - 12:00
 13:00 - 17:00
 Monday - Friday
 *Public Holidays - Closed

